CLIMBING WALL SAFETY RULES

General Rules
- No alcohol or drugs, or persons under the influence of either
- Use of profanity will result in immediate loss of access
- Roughhousing and running is not permitted
- No food or drink is permitted in the climbing area; with the exception of bottled water
- Parent or guardian supervision is required for children under 14 years of age

Climbing Rules
- All climbers and belayers must read and complete the climber agreement (the “Waiver”). Minors, those under the age of 18, must have this completed by a parent or guardian
- All climbers and belayers must demonstrate proper belay technique to Rec Centre Staff prior to using the facility
- The minimum age for belaying is 14 years old
- Belay with UIAA and CE approved belay devices only
- Climbers must tie a Figure-8 Follow Through Knot with a overhand knot as a back up directly into the harness
- All climbers must wear appropriate footwear. No bear foot climbing
- Climbers are prohibited from bringing cell phones, pagers, chairs or anything else into the climbing area (items may have a way of falling off injuring others)
- Climbers are not allowed to wear anything on their harness other that what you need to do the route
- Use only holds and wall for climbing. Do not touch exposed metal i.e.: top rope attachments, structural steel, lead anchors etc.
- No climbing above top rope
- Climbers should use chalk balls in chalk bags to reduce airborne dust. Loose chalk is not permitted
- Rope is to remain between arms at all times when climbing

Bouldering Rules
- Do not boulder in areas being used by top rope climbers
- The use of at least one spotter is recommended when bouldering
- No bouldering beyond marked bouldering holds.
- Boulder within your personal limits
- Small children should only boulder under the direct supervision of their parent and/or chaperone.
- Children should not play in bouldering area

Chetwynd Rec Centre staff want to provide a safe and fun environment for all participants and spectators. Chetwynd Rec Centre staff reserve the right to deny or revoke access to anyone for any act deemed inappropriate or unsafe.